

Building research capacity through co-design in a rapidly expanding Specialist Palliative Care service

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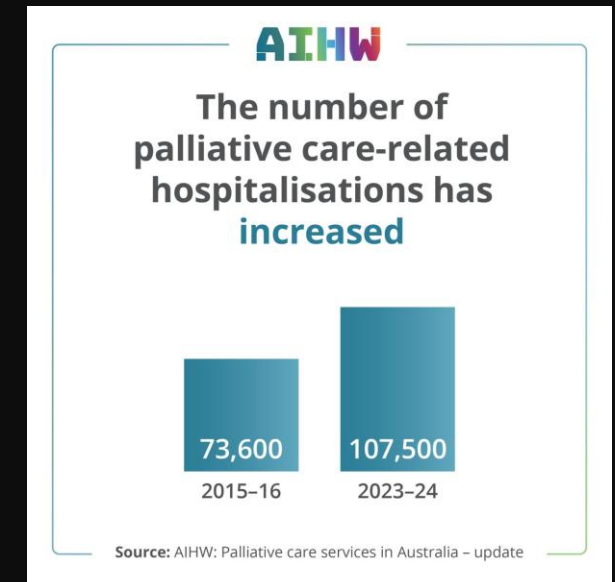
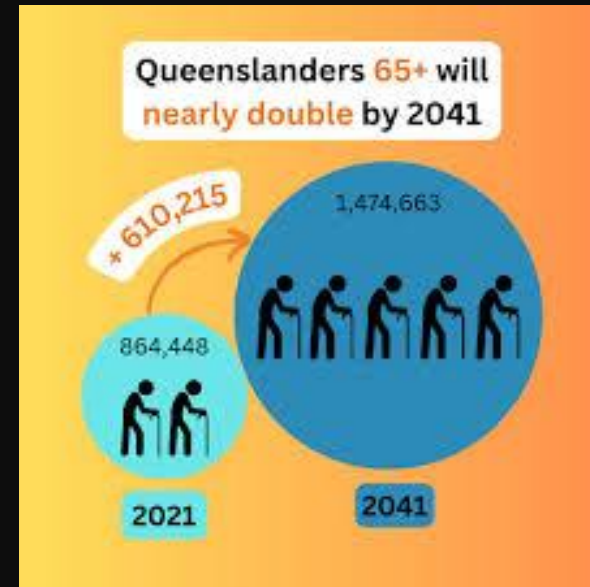
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Background

- Australia's population is growing
- and ageing...
- Demand for palliative care will increase 50% by 2035 (PCA, 2021)

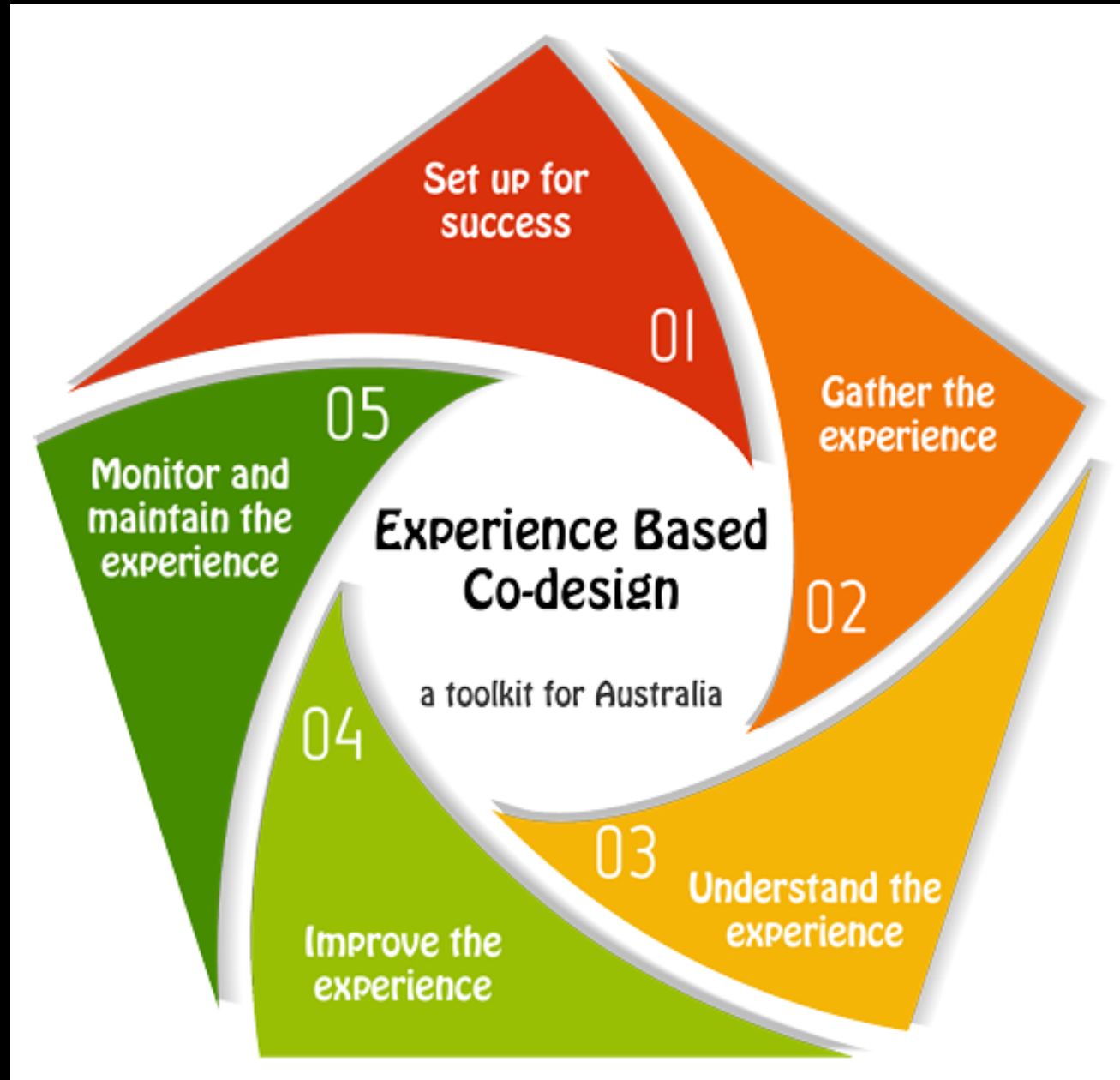


Aim

To describe the research
capacity building
initiative developed by
one Specialist Palliative
Care service



Specialist Palliative Care Gold Coast Health



Set Up

- Led by senior multidisciplinary clinicians
- Engagement of an external research academic
- Project steering committee established

Gather Evidence

- Data collection: Survey
- Data collection: Focus Groups

Understand

- Data analysis: Clinician Survey
- Data analysis: Focus groups
- Data analysis: Project Steering Group Review Workshop



Barriers to research



Lack of research knowledge



Lack of time



Research costs



Ethics/Governance processes



Lack of collaboration/working in silos



Lack of identified/experienced research leads

Research enablers



Strong interest and enthusiasm



Supportive leadership and culture



Dedicated research time



Collaborative opportunities



Engagement of external research academic and support



Research coordinator roles



Mentoring and support opportunities

Improve

- Development of a Research Steering Committee
- Co-designed: Vision, Mission and Goals
- Co-designed: Actions to achieve goals

Monitor and Measure

- 2nd monthly Research Steering Committee meetings
- Outputs



What we have learnt so far...

- Start small...early success!
- Be inclusive
- Identify gaps and opportunities
- Make connections (both internal and external)
- Grow multidisciplinary teams
- Engage a research facilitator

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