



Orchestrating Transitions

A micro theory exploring the nurse's role in curative-to- palliative transitions in advanced cancer

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Orchestrating Transitions: A Micro Theory Illuminating Hidden Nursing Work in Transitions to Palliative Care in Advanced Cancer

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Acknowledgement of the Country

Melbourne: Wurundjeri Woi-wurrung and Bunurong Boon Wurrung peoples (Eastern Kulin Nation)

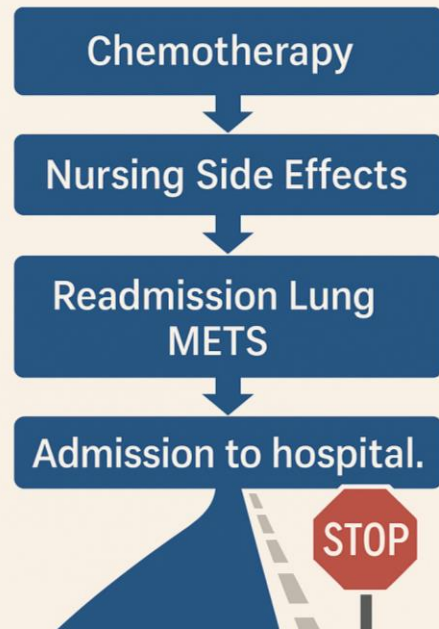
Perth: Whadjuk people (Nyoongar Nation)

Adelaide: Kaurna people (Adelaide Plains)

We pay our respects to their Elders past, present, and emerging, and celebrate their enduring connections to land, waters, and community.

Why ?

Margaret,
58 Years Old



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- ❑ **History:** Breast cancer diagnosed 5 years ago
- ❑ **Treatment:** Chemotherapy, radiotherapy, right mastectomy
- ❑ **Progression:** Bone metastases last year
- ❑ **Current:** OPD chemotherapy, nursing side effects
- ❑ **Outcome:** Readmission due to lung metastases → Hospital admission
- ❑ **Decision Point:** *Time to stop and change lanes* (palliative care consideration)

Research Question and Aims

What is the nurse's role in the transition from curative to palliative care in Cancer Care?

Aim: The aim of this research was to:

- 1) formulate a robust theory that more comprehensively explains the nurse's role during the transition from curative to the palliative phase in advanced cancer care; (completed as part of Masters in Nursing Research)
- 2) confirm the validity of its theoretical constructs

Literature Review

Identified 15
studies

5 grounded
theory

10 Qualitative
studies

Wittenberg-
Lyles et al.,
2011

Mohammed et
al., 2019

Broom et al.,
2014

Broom et al.,
2016

Duggleby et
al., 2010

What was done?

Theory Synthesis Professor Jonathan Turner

- ❑ First a theory was made using theory synthesis .
- ❑ Then it was evaluated using Lynn's content validity .



Roles within the Visible Spectrum

Advocate

As an advocate, nurses initiate patient-centred discussions with the healthcare team, using strategies like brokering, moderating, and initiating advance care planning to ensure effective collaboration and alignment with the needs and preferences of the person living with cancer.



Communicator

The nurse serves as a key communicator during the transition from curative to palliative care, educating, clarifying, and reframing for the person living with cancer, their family or support system and healthcare team to foster mutual understanding and compassionate care.



Organiser

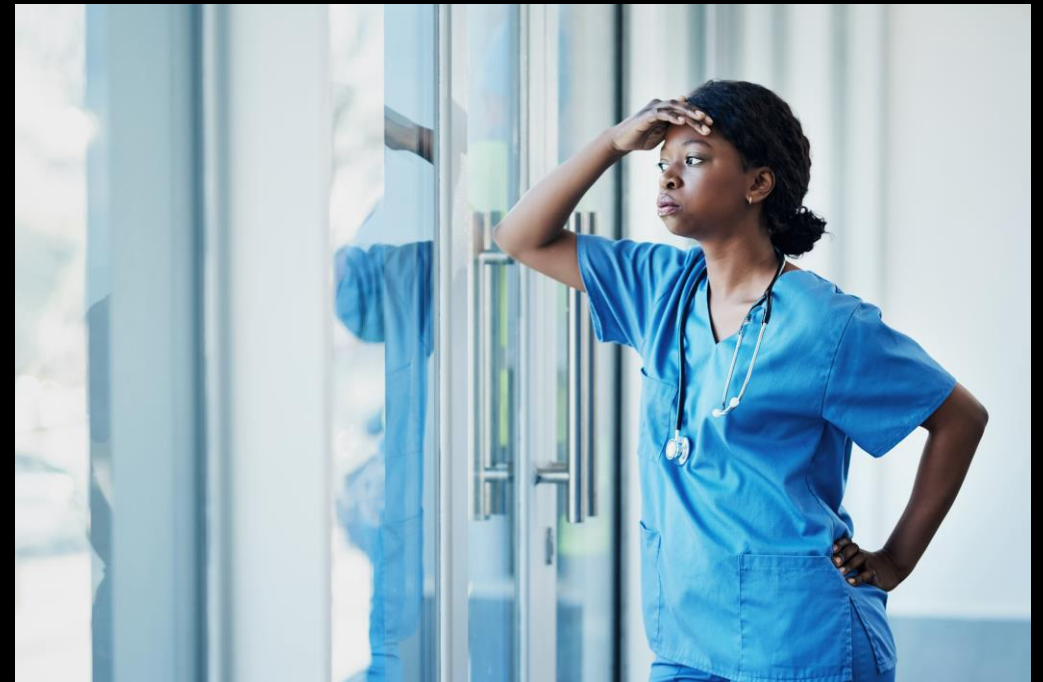
In cancer nursing, during transitions, as an organiser nurses manage by coordinating, collaborating, navigating, and providing clinical care at the bedside to enable smooth transitions covertly.



Roles within the Invisible Spectrum

Emotion Juggler

In nursing, competence in managing and expressing emotions appropriately is achieved through emotional juggling, where nurses regulate their own feelings to support patients, carers, and families during complex transitions.



Hope Instiller

People who desire to instill the idea of positivity by realigning the hope of a person suffering from cancer, carers and loved ones.



Informal Communicator

In nursing, much of the communication about prognosis occurs in a safe, personal space and is often informal and non-verbal. Therefore, nurses act as both professional and informal communicators to support patient understanding and comfort.



Protector of cultural obligations

During transitions, nurses safeguard patients' socio-cultural needs by identifying them during assessment and ensuring they are respected throughout care, thereby acting as protectors of cultural obligations.



Future

Conclusion

Changing Lanes
Curative----Palliative

Role of Nurse – Now



Role of nurse after my Study



Future.



Thank you

Any questions ?

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